



FULL | HALF | SHORT | AQUABIKE MD & LD

October 17, 2026 - 08:10 H - GANDIA

XIII FULL ICAN TRIATHLON: 3.8 km swimming + 182.8 km cycling + 42.25 km running

V AQUABIKE LD ICAN TRIATHLON: 3.8 km swimming + 182.8 km cycling

XII HALF ICAN TRIATHLON: 1.9 km swimming + 81.8 km cycling + 21.25 km running - *Regional Championship Medium Distance*

V AQUABIKE MD ICAN TRIATHLON: 1.9 km swimming + 81.8 km cycling - *Aquabike MD Regional Championship*

VIII SHORT ICAN TRIATHLON: 1.5 km swimming + 41.3 km cycling + 7.25 km running

TEST REGULATIONS

1. The maximum number of participants will be limited to 1,500 triathletes across the FIVE events. Participation in the SHORT distance will be limited to 250 places.
2. The responsibility for technical control of the event will be the responsibility of the Valencian Community Triathlon Federation.
3. The event organizer is the Valencian Community Triathlon Federation, with EVENTTRI EVENTOS DEPORTIVOS, SL, being promotor for the ICAN Triathlon.
4. Participants must wear the race numbers provided by the organization without tampering with them in any way. The use of a hard helmet is mandatory while in contact with the bike.
5. At the entrance to the transition area, you will have to present your ID or federation license with a photo. It will not be possible for another person to prove their identity.
6. Participants agree to respect the competition rules, comply with the [Spanish Triathlon Federation Regulations](#) and be familiar with the circuit.
7. The Organizer warns participants of the risks arising from their participation. They must therefore undertake to follow the proposed safety measures reported by the Organizer, as indicated in the specific section of the Regulations of this competition.
8. There will be cut-off times in all three segments. Any participant who fails to reach them before will not be allowed to continue in the race. (*See table of cut-off times below*).

SWIMMING

Circuit inside the Port of Gandia, 1 or 2 laps depending on the test, counter-clockwise.

Floating exit.

Use of neoprene depending on the water and ambient temperature on the day of the test. It has normally been permitted but in 2022 its use was prohibited.

TRANSITION

A changing tent will be set up for FULL participants. The rest of the distances will be carried out as in short distance races (with the equipment next to the bike).

There will be a zone differentiated by competition distance.



There will be 2 areas for depositing special needs bags, for cycling and running in Full distance, and only cycling for Aquabike LD. The organization will be responsible for leaving them at the cycling or running refreshment point as appropriate. THE SPECIAL NEEDS BAGS CANNOT BE RECOVERED BY THE PARTICIPANTS AT THE END OF THE RACE, so they must only contain consumable material necessary for the event.

CYCLING

Drafting is **NOT ALLOWED** between participants, in accordance with the FETRI Regulations in section 5 [CYCLING Regulations of the Spanish Triathlon Federation](#). The sanctions in this sector are included in the [World Triathlon Regulations](#) referenced by FETRI.

The special needs cycling bag (Full and Aquabike LD) will be left in transition and the organization will take it to the cycling refreshment point, which will be placed on tables ordered by number. The participant can stop as many times as he wants to use what was previously placed in it. THE SPECIAL NEEDS BAGS CANNOT BE RECOVERED BY THE PARTICIPANTS AT THE END OF THE RACE, so they must only contain consumable material necessary for the event. Participants will have liquid and solid supplies every 40.5 km (1 per lap).

RUNNING RACE

The special needs bag (Full only) will be left in transition and the organization will take it to the first refreshment ^{point} of the running race, which will be placed on tables ordered by number. The participant may stop as many times as he wants to use what was previously placed in it. THE SPECIAL NEEDS BAGS CANNOT BE RECOVERED BY THE PARTICIPANTS AT THE END OF THE RACE, so they must only contain consumable material necessary for the event. The participant will have liquid and solid refreshments (2 per lap).

The participant must review the routes, at least in the area close to the transition zone, to take into account the safety measures that must be taken in the competition (recommended speed, special precautionary measures due to uneven surfaces or areas with curves, etc.).

The organizer will make the necessary arrangements to indicate the areas where these security measures are required by the participants, either at the previous information meeting (if there is one) or by publishing it on the official notice board of the event.

AGE GROUPS ALL DISTANCES

Age groups for both men and women in all distances:

- 18 to 19 years old
- 20 to 24 years
- 25 to 29 years
- 30 to 34 years
- 35 to 39 years
- 40 to 44 years
- 45 to 49 years
- 50 to 54 years
- 55 to 59 years



- 60 to 64 years
- 65 to 69 years
- 70 years and older

CELEBRATION VENUE

1. Start and finish at Playa de Gandia (Plaza del Puerto, Avenida La Paz)
2. Transition in the parking lot of La Paz Avenue
3. The reception area, where race numbers will be collected and the awards ceremony will be held at Playa de Gandia (Plaza del Puerto, Avenida La Paz).

TEST REGISTRATIONS AND CHIPS

1. Registrations will be made through the registration platform of the event website www.icantriathlon.com
2. Payment will be made by card.
3. Deadlines and prices at: www.icantriathlon.com
 - Closing on 28/09/2026 at 23:59 h or until registrations are sold out.
 - * 21€ one-day license for NON-FEDERATED members in FULL distances and Aquabike LD
 - * 13€ one-day license for NON-FEDERATED members in HALF and Aquabike MD distances
 - * 8€ one-day license for NON-FEDERATED members in SHORT distance
 - *3€ Chip rental for members of other communities and non-members. Members of the Valencian Community will own their chip.

Return policy

FULL | HALF | AQUABIKE LD & MD

Registration opens November 20, 2025 at 5:00 p.m.

- 100% refund until January 21, 2026. A €10 processing fee will be charged.
- 75% refund until May 21, 2026
- 50% refund until July 21, 2026
- 25% refund until September 28, 2026

SHORT

Registration opens May 21, 2026 at 5:00 p.m.

- 100% refund until June 21, 2026. A 10€ charge will be applied to cover admin costs
- 50% refund until July 21, 2026.
- 25% refund until September 28, 2026



1. You don't need to provide any justification. Reasons will not be considered. The Organization will simply adhere to the refund request deadlines and percentages outlined in the refund policy.
2. From September 28th onwards, no cancellations or refunds will be accepted.
3. In case of a 100% refund of the registration fee due to cancellation, €10 will be deducted for administrative costs.
4. If there is a waiting list, changing the name on the race number will NOT be allowed.
5. Changing **your race number or distance** will be free of charge and can be done by the triathlete through the registration platform. The fee in effect at the time of the change will apply.
6. The organizers may modify the event format, schedule, or modality (duathlon, aquathlon, or any other modality listed in the FETRI Competition Regulations) at their discretion, always prioritizing the smooth running of the event. In the event of cancellation due to force majeure beyond the organizers' control, and/or as ordered or advised by the competent government authority, no registration fees will be refunded, nor will refunds be issued in the event of a change of modality.
7. REGISTRATIONS WILL NOT BE SAVED FOR FUTURE EDITIONS.

TROPHIES AND PRIZES

- Trophy for the top 3 finishers in ALL DISTANCES in each age group, and absolute, male and female.
- Trophy for the first 3 male and female clubs classified in Full, Half and Short distance.
- Free registration for the men's and women's absolute podium in Full and Half.
- Free registration for the overall winner in Short, Aquabike MD and Aquabike LD.

❖ FULL DISTANCE CASH PRIZES | Top 3 overall male and female finishers

1st/1st 2.000€

2nd/2nd 1.000€

3rd/3rd 500€

❖ CASH PRIZES HALF DISTANCE | Top 3 overall male and female finishers

1st/1st 1.000€

2nd/2nd 500€

3rd/3rd 250€

Age groups for both men and women in all distances:

18 to 19 years old

20 to 24 years

25 to 29 years

30 to 34 years

35 to 39 years

40 to 44 years

45 to 49 years

50 to 54 years

55 to 59 years



60 to 64 years

65 to 69 years

70 years and older

V GRAND PRIZE TAVERNES DE LA VALLDIGNA

- Prize for the 3 fastest to complete 1 lap of the cycling segment in Full distance & Half distance.

AWARD FOR THE LARGEST CLUB

A ham prize will be awarded to the club that registers the most participants in the competition. The total sum will be the result of the registered members of the same club in all distances.

REGIONAL MEDIUM DISTANCE CHAMPIONSHIP – TRIATHLON AND AQUABIKE

- Trophy for the top 3 finishers (members of the CV federation) in each age group and absolute, male and female.
- Trophy for the top 3 clubs (federated in the CV) classified in male and female categories.

FULL & HALF PRO START

ICAN Triathlon 2026 establishes a PRO-FULL & HALF START with the following characteristics:

- The maximum number of participants per gender in the PRO start will be 100.
- Eventually, and in agreement with TRICV, this start may be mixed, in which case there will be a physical separation at the starting line between male and female participants.
- The PRO start will be considered a different competition from the age group start, regardless of the final separation between starts, and will be governed by the FETRI elite regulations (differences in neoprene use temperature among others).
- Participants wishing to take part in this outing must be registered for the event in a timely manner and request their inclusion in the initial registration form, being assigned a place according to one of the following criteria:
 - The first 10 ICAN 2025 ranked overall, provided their time is less than 125% of the winner's time.
 - The first 20 ranked participants in the last Autonomous Championship held in this modality and with a TRICV 2026 license. If the first 20 places are not filled, the process will continue from the 21st to the 40th maximum or until the 20 places are filled, provided that their time is less than 125% of the winner's time.
 - The first 15 ranked TRICV license holders in the TRICV Ranking 2026. If the first 15 places are not filled, the process will continue from the 16th to the 30th maximum or until all 15 places are filled.
 - The first 15 ranked riders without a TRICV license in the FETRI LD Ranking, as of the date the PRO start is configured. If the first 15 places are not filled, the process will continue from the 16th to a maximum of the 30th, or until all 15 places are filled.



- Up to 5 national or international athletes at the discretion of the technical management, the TRICV competitions department and the organizer.
- 2 places for the first 10 clubs classified in the 1st division and 1 place for the clubs classified from 11th to 15th and the first 10 of the 2nd division, of the Lliga de Clubs Caixa Popular TRICV as of the date of configuration of the elite start.
- After the initial registration period, you may request inclusion in the same, always before 28/08/26 at 23.59 and subject to the existence of vacant places.
- Meeting any of the above criteria does not imply automatic inclusion in the PRO outing, and it is the obligation of the participant who opts for this outing to request it in a timely manner (points 4 and 5).
- Inclusion in this event implies waiving the classification and trophies of the corresponding age group.
- Similarly, the overall classification of the event, as well as the trophies and cash prizes, will be those of this start, and triathletes registered in the age group starts will not be eligible.
- The club classification will be based on the combined virtual classification of all the starts of the event.
- A cut-off time at the finish line is established that is 25% higher than that of the winner in order to access the cash prizes and to score points in any club or individual ranking that may be implemented.
- The **fee for the PRO-FULL START is set at €239, and for the PRO HALF START at €149**. The difference between the current fee and the fee at the time of registration will be payable once the organization has confirmed that the athlete meets the requirements set out in the regulations.

***These regulations also affect the Regional MD Triathlon Championship.*

WHAT DOES YOUR REGISTRATION INCLUDE?

FULL REGISTRATION / AQUABIKE LD

Your registration includes a backpack, jersey, gym bag, cloakroom, and special needs gym bags, a finisher's t-shirt, and a 2026 edition gift. Solid and liquid refreshments are provided during the race. Post-race refreshments with food and drinks are available for participants. A finisher's medal at the finish line, plus medal engraving, is also included.

- 1 access included to the Family Lounge for a companion
- Additional Family Lounge +15€

HALF + AQUABIKE MD REGISTRATION

Your registration includes a bag, jersey, finisher's t-shirt, and a 2026 edition gift. Solid and liquid refreshments are available during the race. Post-race refreshments with food and drinks are provided for participants. A finisher's medal at the finish line, plus medal engraving, is also included.

- Family Lounge for a companion +€15



SHORT REGISTRATION

Your registration includes a gym sack, finisher's t-shirt, and a 2026 edition gift. Solid and liquid refreshments are provided during the race. Post-race refreshments with food and drinks are available for participants. A finisher's medal at the finish line, plus medal engraving, is also included.

NEW | Medal engraving for all distances included in registration. Engraving tent located at the finish line, before entering the aid station area.

SCHEDULES

Provisional

FRIDAY, OCTOBER 16

- **12:00 to 20:30** Collection of bib numbers and runner's bag **MANDATORY**
- **12:00 to 20:30** EXPO Zone
- **5:00 PM** Briefing (EN) at Plaza del Puerto – Gandia (post-finish area)
- **6:00 PM** Talk with PRO TRIATHLETES in Plaza del Puerto – Gandia (post-finish area)
- **6:30 p.m.** Briefing (ES) in Plaza del Puerto – Gandia (post-finish area)
- **5:00 PM – 9:00 PM** Mandatory equipment check-in. Transition area
- **5:00 PM – 9:00 PM** Bicycle mechanical service in the transition area. Pre-race.

SATURDAY, OCTOBER 17

- **6:30 a.m. – 7:30 a.m.** Bib and runner's bag collection **EXCEPTIONAL**
- **6:30 a.m. to 7:30 a.m.** **EXCEPTIONAL** Collection of bib numbers and runner's bag.
- **6:45 a.m. to 7:30 a.m.** **EXCEPTIONAL CHECK IN MATERIAL.**
- **6:45 a.m. to 7:45 a.m.** Transition area opens (final details)
- Cloakroom tent opens **from 6:45 a.m.**
- **7:30 AM** Call center opens
- **6:45 a.m. – 8:00 a.m.** Bicycle mechanical service in the transition area. Pre-race.
- **8:00 a.m. to 4:15 p.m.** Bicycle mechanical service next to penalty box – Cycling refreshments. During cycling segment.

COMPETITION STARTS

8:10 AM / START OF THE TEST

- **FULL PRO**
- **FULL GGEE**
- **AQUABIKE LD**
- **HALF PRO**
- **HALF GGEE**
- **AQUABIKE MD**
- **SHORT**

13.00 h SHORT Awards Ceremony

4:30 PM – 11:30 PM Family Lounge. Full post-competition space for companions with food and drinks + additional Family Lounge access for companions who register and receive an extra-ticket.

- **5:45 PM** Cycling checkpoint closes
- **6:00 PM** AQUABIKE MD and LD Awards Ceremony



- **7:00 p.m.** HALF DISTANCE + Awards Ceremony + V Gran Premi Tavernes de la Vallidigna – Half distance
- **23.30 h** Closing of the test control

Check-out from the entrance to T2 of the last participant in the HALF distance until 23.59h

SUNDAY, OCTOBER 18

- **11:00h** Awards ceremony in the Aula Magna of the Higher Polytechnic School of Gandia.
 - Full distance + V Gran Premi Tavernes de la Vallidigna – Full distance

CUT-OFF TIMES

Cut-off times will be established in the 3 segments at the indicated points, and any participant who fails to pass them on time will not be able to continue in the race:

FULL / AQUABIKE LD (with departures on time*)

Swimming -> 11:15

Cycling, start of the last half lap, KM 164 ->17:00

Cut T2 -> 17:45

Maximum target time: 23:30

HALF

Swimming -> 1 hour

Swimming + Cycling -> 4.30 hours

Swimming + Cycling + Running -> 7.30 hours

AQUABIKE MD

Swimming -> 1 hour

Swimming + Cycling -> 4.30 hours

** The extension of the cut-off times, if the departures are delayed, will depend on the specific circumstances that caused them. The extension is not guaranteed, but it is the spirit of the organization to be able to carry it out. In case of delay, the communication of this possible extension to the triathlete will be at the discretion of DT and JA.*

More information about the event can be obtained by calling 963462649 or by emailing: contact@icantriathlon.com

CLAIMS AND APPEALS

Please consult the claims and appeals procedure included in section 12 CLAIMS AND APPEALS of the [Spanish Triathlon Federation Regulations](#).

CONDUCT OF ATHLETES

See section 2 CONDUCT OF ATHLETES of the [Spanish Triathlon Federation Regulations](#)

TRACKS

- You can find circuits and cycling/running segment profile [here](#)
- Summary of laps and distances

Laps

	SWIM	BIKE	RUN
SHORT	1	1	1
HALF	1	2	3
FULL	2	4,5	6

Distances

	SWIM	BIKE	RUN
SHORT	1.500	41,3	7,25
HALF	1.900	81,8	21,25
FULL	3.800	182,8	42,25